

# FOOD MENU

## CLASSICS

<b>AVOCADO ON TOAST</b> (VG) Smashed avocado on toasted sourdough with rocket and chilli flakes. <b>+ SALMON £2.50 + BACON £1.50 + HALLOUMI £1.50 + FETA £1.50</b>	<b>£7.50</b>
<b>SOURDOUGH TOAST</b> (V) Toasted sourdough served with butter and a choice of jam, marmalade or Marmite.	<b>£4.50</b>
<b>GRANOLA</b> (V) (GF) Fruit granola with Greek yoghurt, mixed berries and honey.	<b>£6.00</b>
<b>BACON SANDWICH</b> Bacon in toasted pain de mie bread, with ketchup or brown sauce.	<b>£7.50</b>
<b>PANCAKES</b> (V) Buttermilk pancakes served with maple syrup and blueberries. <b>+ BACON £1.50</b>	<b>£7.50</b>
<b>GRILLED CHEESE</b> (V) Mature cheddar, leek and red onion, toasted to perfection on sourdough.	<b>£8.00</b>
<b>SAUSAGE ROLL</b> Pork and onion sausage roll served with house made slaw. Served hot or cold.	<b>£5.50</b>

## BAGELS

<b>BREAKFAST</b> Bacon, cheese, hash browns and ketchup.	<b>£9.00</b>
<b>SMOKED SALMON</b> Smoked salmon, cream cheese, pickled pink onions, lemon, rocket and pepper.	<b>£9.50</b>
<b>AVOCADO AND HALLOUMI</b> (V) Smashed avocado, halloumi and roasted red peppers.	<b>£8.50</b>
<b>PASTRAMI</b> Shaved pastrami, cheese, American mustard and gherkins.	<b>£8.50</b>

## BOWLS

<b>MEZZE BOWL</b> (VG) Sweetcorn fritters, mixed grains, pickled pink onion, cucumber, olives, hummus and guindilla chilli. <b>+ HALLOUMI £1.50 + FETA £1.50</b>	<b>£9.00</b>
<b>GREEK BOWL</b> (V) Feta and spinach filo parcel, Greek salad and tzatziki.	<b>£8.50</b>
<b>TORTILLA BOWL</b> (VG) (GF) Sweetcorn fritters, tortilla chips, tomato and coriander salsa, bean salad and smashed avocado. <b>+ HALLOUMI £1.50 + FETA £1.50</b>	<b>£9.00</b>
<b>SEASONAL SALAD</b> (V/VG) (GFO) Seasonal fresh salad, served with toasted sourdough. Ask the server for today's ingredients!	<b>£9.50</b>
<b>SEASONAL TART</b> (V) Seasonal fresh tart or quiche, served with grains, slaw and rocket. Ask the server for today's option!	<b>£10.00</b>

## KIDS

<b>CHEESE ON TOAST</b> (V)	<b>£4.00</b>
<b>KIDS BOWL</b> (VG) Strips of toasted bagel, hummus, veggie batons.	<b>£4.50</b>

Our food menu is served daily from 8:30am until 3:30pm. Please inform the server of any allergies or dietary needs.  
Gluten free bread alternatives available upon request.

# DRINKS MENU

## COFFEE

ESPRESSO	£3.00
CORTADO	£3.20
FLAT WHITE	£3.60
CAPPUCCINO	£3.70
LATTE	£3.80
AMERICANO	£3.40
LONG BLACK	£3.30
FILTER	£3.50
MOCHA	£3.90

## ICED

LATTE	£3.90
AMERICANO	£3.50
MOCHA	£4.00
FRUIT TEA	£3.50
MANGO TEA	£3.50
CHOCOLATE	£3.90
CHAI	£3.90
MATCHA	£3.90

## MALTED SHAKES

VANILLA	£5.50
CHOCOLATE	£5.50
STRAWBERRY	£5.50
COFFEE	£6.50



## HOT DRINKS

<b>HOT CHOCOLATE</b>	£3.80
35% cocoa, coconut sugar, Himalayan sea salt.	
<b>WHITE HOT CHOCOLATE</b>	£3.80
Peruvian cocoa butter, coconut sugar, Madagascar vanilla, Himalayan sea salt.	
<b>CHAI LATTE</b>	£3.80
<b>MATCHA LATTE</b>	£3.80
<b>BEETROOT + GINGER LATTE</b>	£3.80
Coconut sugar, beetroot, Ceylon cinnamon, star anise, ginger, black pepper	
<b>TURMERIC + CINNAMON LATTE</b>	£3.80
Coconut sugar, Ceylon cinnamon, turmeric, ginger, star anise and black pepper.	
<b>POT OF TEA</b>	£3.00
Breakfast, Earl Grey, green, mint, fruit, lemon and ginger, decaf breakfast	

## SMOOTHIES

<b>YELLOW</b>	£5.00
Pineapple, mango and passion fruit	
<b>RED</b>	£5.00
Strawberry and banana.	
<b>GREEN</b>	£5.00
Mango, kale and spinach.	

## SOFT DRINKS

<b>COKE</b>	£3.75
<b>DIET COKE</b>	£3.75
<b>LEMONADE</b>	£3.75
<b>GINGER ALE</b>	£3.75
<b>SPARKLING ELDERFLOWER</b>	£3.75
<b>SPARKLING RHUBARB</b>	£3.75
<b>FRESH ORANGE / APPLE JUICE</b>	£3.75
<b>SPARKLING WATER</b>	£2.75
<b>STILL WATER</b>	£2.75

# ALCOHOL

SERVED FRIDAYS AND SATURDAYS

## WINE & BEER

**RED OR WHITE WINE** 175ml **£7.00**

**PROSECCO** 125ml **£7.00**

**PILSNER** **£5.50**

**IPA** **£5.50**

## COCKTAILS

**ESPRESSO MARTINI** **£9.00**

House specialty espresso, Stolli vodka, sugar gomme.

**BLOODY MARY** **£9.00**

Stoli vodka, tomato juice, Worcestershire sauce, Tabasco.

**APEROL SPRITZ** **£9.00**

Aperol, soda water, pro.